



# HANDBOOK

...but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

**Isaiah 40:31**





*...a ministry of Calvary Chapel St. Petersburg*

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*INTENSITY*

*DISCIPLINE*

*TEAM WORK*

*TRAINING*

*DEDICATION*

*PERSISTENCE*

*DETERMINATION*

*PURPOSE*

*COURAGE*

*FOCUS*

**Philippians 4:13** I can do all this through  
him who gives me strength.

# **Introduction (Biblical Foundation of Sports Ministry)**

## **Vision**

Our vision is to impact and reach people for Jesus Christ using sports as a tool to share the good news of salvation by partnering with churches, our community and people around the world.

## **Outreach**

As an outreach strategy Calvary Sports may represent the most effective platform to reach today's culture with the Gospel of Jesus Christ; by using sports as a powerful tool for His kingdom's sake.

## **Discipleship**

If you confess and believe that Jesus has come, died and risen again to set us free and give us eternal life... Then you **MUST** disciple others with this message by building relationships on and off the field that will allow you to share that hope that lives within you to impact people's lives. Train yourselves to be godly... and train others to be godly!

## **Fellowship**

How good and pleasant it is when brothers **PLAY** together in unity! Always be prepared to give and answer of your faith not only with words, but with actions by the way you play. Let us encourage one another—and all the more as you see the Game Day approaching.

There is not a unique formula or a specific sports program that we could use to change people's heart, but sports create a unique opportunity to impact many people with the only effective method that is sharing the Gospel and letting God change people's heart. Sports are only the tool that will help us to build those relationships and give us the opportunity to share the hope that lives within us and make disciples for God's glory.

## **How to Get Involved...**

- **PRAY:** for this ministry and for all the people involved.
- **PROVIDE:** your talents, time and finances for; scholarships, equipment and missions.
- **PROMOTE:** the Lord's fame and His Kingdom through this ministry.

## **Sports Ministry in the Bible**

- Mark 16:15
- 1 Tim 4:8
- Isaiah 40:31
- Matt 28:19
- Luke 24:47
- John 17:20
- John 3:16
- 2 Timothy 2:2
- Matthew 4:19
- Mark 1:17
- Zechariah 8:5
- Isaiah 11:8-9
- 1 Corinthians 9:24-27
- 2 Timothy 2:5
- 2 Timothy 4:7



**Desire:** *To long or hope for*

**Psalm 37:4** Take delight in the LORD, and he will give you the desires of your heart.

**Discipline:** *Training that corrects ones character*

**2 Timothy 2:5** An athlete is not crowned unless he competes according to the rules.

**Determination:** *The act of decided definitely and firmly*

**Philippians 3:13-14** Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

**1 Corinthians 9:25** You've all been to the stadium and seen the athletes race. Everyone runs; one wins. Run to win. All good athletes train hard. They do it for a gold medal that tarnishes and fades. You're after one that's gold eternally.

## **Encouragement Huddle / Team Talk**

After each practice, game, etc. we ask that the coaches take their team to the side for a short “encouragement huddle” or “team talk.”

### **General Outline**

1. Encourage your team on their playing in a godly way
2. Go over devotional or verse and its meaning
3. Discuss how you can glorify the Lord through sports
4. Explain to them how to share Christ with others
5. Encourage them to memorize a verse
6. Pray together

### **Keep in Mind...**

1. Your surroundings, try to find a place with minimal distractions
2. If your players are losing interest, try to find a way to keep them engaged by asking questions or having a discussion about the topic
3. If your players have a prayer request or questions about the discussion
4. NEVER compare one player to another

### **J316 Colors**

We will use the J316 Ministries’ tools throughout our programs. Below you will find a description of the colors. If you would like to find out more about what they do visit their website at [www.j316ministries.com](http://www.j316ministries.com).

1. **Gold** - Our story begins with the color gold. Gold reminds us of God and Heaven. The Bible, God’s word, talks about “a street of gold in Heaven” (Revelations chapter 21 and verse 21). Heaven is where God wants us to live with Him forever one day. God is the Creator of the heavens and earth and the Creator of YOU! The Bible tells us in John chapter 3 and verse 16 “For God so loved the world – YOU - that He gave His only Son that whoever believes in Him will not perish but have everlasting life.” God wants you to

have a wonderful new life with Him that can start now and will go on forever with Him in Heaven.

In Heaven there won't be any more death or crying or pain. It will be a perfect place where we will live with God. Sounds great, but there is a problem... God is pure and holy and hates sin.

2. **Black** - Our hearts are black with sin; our sin is what is keeping us from God. Sin is anything we do, say or even think or feel that displeases God.

The Bible says, "all have sinned" (Romans chapter 3 and verse 23). Yes, everyone including you and me has sinned. God has a punishment for sin; it is to be separated from Him in a place the Bible calls hell. Our sin is like the blackest darkness. You cannot have light and darkness in the same place. This would be a very sad story if it were to end right now, but remember – God Loves YOU and wants you to live forever with Him in heaven someday. In fact He loves you so much that He made a way for your sins to be taken care of...

3. **Red** - The color red reminds us of God's love. Jesus is God's perfect Son. He is God, the Son. Many, many years ago the Lord Jesus became a man and lived here on earth. He was not just a man; He was a perfect man because He was God. Jesus is the only person in all of history who ever lived His whole life without sinning. God's plan was to let His perfect Son be punished for our sins. The red color reminds us of Jesus blood when He died on the cross to make a way for our sins to be forgiven (1 John chapter 1 and verse 7). As He died, Jesus said, "It is finished". Everything that needed to be done for your sins to be taken away had been done by Him on the cross.

They buried Jesus body, but three days later He proved that He could take away your sins and give you everlasting life by coming

back to life! Jesus, God's Son is alive today and because He died for you, He can take away the darkness of sin, which keeps you from God!

4. **White** - The Bible talks about God washing our sins away and making us "white as snow" (Psalms chapter 51 and verse 7). What do you have to do to have your sins forgiven and start your new life with God? Remember the Bible verse we talked about earlier - John chapter 3 and verse 16 - it says that "whoever believes in Him" will have everlasting life. What does it mean to believe? It means to put your trust in Jesus – to invite Him into your life to forgive you of your sins. When you have your sins forgiven you become a part of God's forever family.

Once you have done this, is that where the story ends? No, when you become a child of God, He wants you to grow to know Him better every day...

5. **Green** - Green stands for growing in our new life. When you become God's child, His Holy Spirit comes into your life and helps you grow to know Him better. Sin can keep us from growing. Even though we have become God's child, we still sin, (only when we get to heaven will we be perfect) but God promises in the Bible, in the book of 1 John chapter 1 and verse 9 "if we confess our sins, He is faithful and just to forgive us our sins... ". What can you do to grow?
  - Read and obey God's Word, the Bible
  - Talk to God in prayer
  - Find other people who are also God's children and spend time with them studying the Bible, praying and praising God
  - Share Gods love with others who don't know Him

Let's do our part to grow in our new life in Christ!

6. **Gold** - We started off with gold, with God and Heaven, and we end with gold, with God and Heaven because He is the beginning and end of all things. This story is about how you can have a relationship with God and go to live with Him forever in Heaven. It is the greatest story ever told!
  
7. **Personal Invitation** - Have you ever believed and received the Lord Jesus? Are you a part of God's family? It is a free gift – all you need to do is ask. Are you ready to do that? Here is a prayer that you can pray – prayer is just talking to God just like you would talk to your best friend.

“Dear God, I am sorry for all the wrong things that I have done. I believe that You died for me and rose again to pay for my sin so that I can be forgiven and will one day go to Heaven and live with You forever. Please come into my heart, forgive my sin and take control of my life. Thank You for saving me and giving me the gift of eternal life. Amen.”

"For God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life." John 3:16

Now, you can share this story with others - THE GREATEST STORY EVER TOLD...

## Sports Ministry Program Scheduling

### EXAMPLE: J316 Soccer Camp

**Theme:** John 3:16

#### **Daily Schedule:**

9:00 AM – 9:15 AM	Welcome / Play CVK
9:15 AM – 9:30 AM	Assembly
9:30 AM – 9:45 AM	Group Fun Games
9:45 AM – 10:00 AM	Skills / Move of the Day
10:00 AM – 10:20 AM	Snack / Team Talk
10:20 AM – 11:15 AM	Ladder Tournament / World Cup
11:15 AM – 11:30 AM	Assembly (TPA Awards)
11:30 AM	Dismissal

**Coaches and Volunteers:** Thank you for serving!

Let's be right with the Lord

Let's be on time

Let's be committed

Let's be enthusiastic

Let's be prepared

Let's be an encourager

Let's have FUN!

## **EXAMPLE: J316 Soccer and Calvary Sports Camp**

**Theme:** “Connecting”

**Memory Verse:** Ecclesiastes 4:9-10

### **Schedule:**

J316 Soccer Camp: 9:00 AM – 12:30 PM

Welcome / Play CVK

Skill / Moves of the Day

Group Fun Games

Team Talk / Snack Time

Ladder Tournament

World Cup

Assembly (TPA, Memory Verse)

Dismissal (Ages 4-8) / Lunch

Calvary Sports Camp: 1:00 PM – 3:00 PM

Welcome / Group Fun Games

Team Games: Kickball, Dodge Ball, Soccer Cricket, Flag Football,

Handball, Ultimate Frisbee

Assembly / Dismissal

**Coaches and Volunteers:** Thank you for serving!

Let's be right with the Lord

Let's be on time and committed

Let's be enthusiastic and prepared

Let's be an encourager

Let's have FUN!

# **Volunteer Responsibilities and Requirements**

## **Spiritual Growth**

1. Your personal relationship with Jesus Christ should be the highest priority in your life and kept with utmost diligence by regular Bible reading, prayers, and fellowship with the Church.
2. You are required to be regularly attending one worship service per week at Calvary Chapel Saint Petersburg.
3. You must have regularly attended Calvary Chapel Saint Petersburg for **six months** prior to working in the Sports Ministry.

## **To Be Equipped and Edified**

1. Please attend Coaches' clinic and other Sports Ministry fellowship opportunities that are available throughout the year.
2. You are encouraged to support, through prayer and fellowship, the children and the other Sports Ministry coaches/volunteers.
3. Communicate with your ministry team or co-coach during the week to plan and pray for your coaching sessions.
4. You must attend the Coaches' meeting to be involved in the Calvary Sports programs.
5. You must read and agree to the requirements outlined in this manual.

## **To Be an Example**

1. As a minister to the children, you have the responsibility of representing Christ on and off the field. Therefore, we expect that you will live out your example with the highest of Christian conduct.
2. As a minister to the children, you will be expected to abstain from all substance abuse (drugs, alcohol, tobacco, etc.)
3. Be committed to your ministry. (1 Timothy 4:15-16, Colossians 3:23)



## **Your Service Coordinator**

1. Your Service Coordinator is here to serve you. Take advantage of his/her experience and resources.
2. The Service Coordinator carries the authority to assure that the coaching and conduct in your practice and games are in accordance with the Scripture and the total ministry of the church.
3. Communicate all needs (physical and spiritual), complaints, suggestions, and other important information to your Service Coordinator. He/she is your representative to the Calvary Sports Director.
4. Your Service Coordinator must okay all field sessions and activities in advance.
5. Notify your coordinator as soon as possible if you are going to be absent.

## **Coaching**

1. Be prepared to coach when you arrive. Be sure you know your session well and have all your equipment. Try to have extra activities and drills for each topic.
2. As a coach you are responsible for downloading all content (schedules, rosters, etc.) needed for practices or games.
3. Encouragement and example are the appropriate teaching methods for this level of competition.
4. Each practice and game will conclude with an “encouragement huddle.” Devotions, prayer, and positive reinforcement are essential elements of this huddle time.
5. Teaching skills and improving self-confidence are necessary for the growth of each athlete.
6. Tobacco, alcohol, profanity, and slang are not to be used by any coach.
7. This is a ministry opportunity, sharing Christ and leading children and parents to the Lord will be a top priority.
8. Good sportsmanship is to be stressed at all times.
9. Being on time to begin practices and games as well as ending practices and games is essential.

10. A spirit of cooperation and “teamwork” is necessary to make this league a success. Coaches should foster healthy relationships with parents, officials, and other players by being courteous and kind in all their dealings.
11. Healthy competition and learning to deal properly with winning and losing provide great learning experiences that each player and parents can carry with them throughout life.

### **To Children and Parents**

1. Work towards building relationships with those in your team.
2. Tell your team if you are going to miss a week of the program, take a break, or if you are going to discontinue coaching.
3. Develop a good coach/parent relationship.
4. The children are to be dropped off and picked up by their parent/guardian. This is for their safety and gives you a chance to meet your players’ parents/guardians.
5. For safety reasons, you or a volunteer need to accompany the children to the rest room.
6. Be careful with the sweets. Serve healthy snacks and be sensitive to possible food allergies. Notify parents of all snacks being offered.
7. TWO-ADULT RULE: there must be two adults (one may be a Jr. Coach) with the children at ALL TIMES, including practices and games, for the sake of safety and propriety.
8. You must be at least 16 years of age to serve in the Calvary Sports.

## **Qualifications for the Person Who is Called into Recreation and Sports Ministry**

1. Be a mature, practicing, committed Christian.
2. Have a concept of using recreation as a ministry tool.
3. Have a broad-based knowledge of recreation and ministry in general.
4. Be able to impart vision to one's church as to the ministry and evangelism opportunities of recreation and sports ministry for that community.
5. Be a people person who understands the needs of the many ages that will be ministered to.
6. Have a ministry heart.
7. See recreation and sports as tools that can offer those in the community and nonthreatening introduction to the Christ0life and church participation.
8. A seminary education is helpful but not always necessary; requirements vary from church to church.
9. Be a team player. Good staff relationships with other ministry area staff are important for the smooth coordination of overall ministry efforts.
10. Have good organization/administrative skills. Juggling class schedules, working with maintenance personnel, working to keep the ministry functioning as part of the overall church ministry, scheduling volunteers, working with budgets, keeping up with finances, and if a facility is involved: handling facility scheduling, contacting prospects who visit the facility, and doing other ministerial duties that come up are many of the requirements of this ministry position.
11. Understand how the church works and what its mission is.
12. Be an educator, seeing to teach the Kingdom value of recreation and sports used as ministry tools.

(Recreation and Sports Ministry, Impacting Postmodern Culture By: John Garner)

## Coaching Session 1 True Spirituality?

### Self-Questions:

1. What are some popular ideas and definitions of true spirituality?
2. How would you define a “good Christian?”

### Questions for Us:

1. Jesus defines true spirituality by **relationship**. John 14:21
2. Jesus defines/models true spirituality by **incarnation**. John 14:6
3. What does Jesus demand of us on a path of true spirituality?  
Matthew 22:37-39
4. Jesus offers true spirituality **freely**. Matthew 11:28-29

We have the clarity of the Gospel.

*Romans 1:16-17 “I am not ashamed of the gospel, because it is the power of God for the salvation of everyone who believes: first for the Jew, then for the Gentile. For in the gospel a righteousness from God is revealed, a righteousness that is by faith from first to last, just as it is written. “The righteous will live by faith.”*

Where have you put your spiritual trust? Activity or Relationship?

### Post Questions:

1. Reflect back on your spiritual roots. Where did your ideas about true spirituality come from?
2. How are we going to deal with all of the wrong ideas out there?

***OVERTIME:*** “I think I’m a Christian, but I have my doubts, can I really know for sure?” *Either answer or practice being asked!!!*

## **Coaching Session 2 giving God what He wants most**

*Romans 12:1 “Therefore I urge you brothers, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God-this is your spiritual act of worship.”*

### 1. What did Jesus teach us about surrender?

Surrender is the key to experiencing true spirituality. John 12:24-25 Jesus teaches surrender as the channel through which God’s best blessings flow.

### 2. How did Jesus model surrender as the pathway to pleasing the Father? (*Philippians 2:6-7*)

\*Jesus surrendered even before He came to earth. The first surrender is one we never see. (Like a planted seed before it springs up)

*Read John 5:19a, and 5:30 to see Jesus model surrender.*

\*Jesus’ **earthly life** was marked by surrender.

\*Jesus’ **last night** on earth was marked by surrender.

*Matthew 26:39 “.....Yet not as I will, but as You will.”*

\*\*\*Surrender is the **missing** element in the church today.

### 3. What is Jesus saying to you about surrender in your life?

*Luke 9:23-24 “.....If anyone come after me, he must deny himself and take up his cross daily and follow me. For whoever wants to save his life will lose it, but whoever loses his life for me will save it.”*

\*\*The problem is not that He is asking too much; the problem is that we are believing too little.

*Psalm 84:11 “For the Lord God is a sun and a shield; The Lord gives grace and glory; No good thing does He withhold from those who walk uprightly.”*

***OVERTIME:*** *On a notecard write the prayer... “Jesus I am all in.” On the back, list the areas in your life where you feel you need to fully surrender to Him.*

### Coaching Session 3 getting the very Best from God (Separate)

*Romans 12:2 “Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—His good, pleasing and perfect will is.”*

1. What did Jesus say about true spirituality in a **fallen** world?

*Luke 9:25 “What good is it for a man to gain the whole world, and yet forfeit his very self?”*

Jesus taught that we are in a real battle with Satan and a world system designed to **destroy** our lives.

2. How did Jesus model “the way” of victory over the world’s temptations? (Matthew 4)

**\*1<sup>st</sup> Lust of the Flesh** *“If you are the son of God, tell these stones to become bread.” VS.3*

*“Jesus answered, It is written, man does not live by bread alone, but on every word that comes from the mouth of God.” Vs.4*

**\*2<sup>nd</sup> Pride of Life** *“The devil took Him to the holy city and had him stand on the highest point of the temple. If you are the son of God, throw yourself down.” VS. 5-6*

*“Jesus answered, It is also written: Do not put the Lord your God to the test.” Vs.7*

**\*3<sup>rd</sup> Lust of the Eyes** *“Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor. All this I will give you if you will bow down and worship*

*me.” Vs.8, and Vs.10 “Away from me, Satan! For it is written worship the Lord your God, and serve Him only.”*

3. What is Jesus saying to you about how to overcome the world system?

*“Jesus was saying to those Jews who had believed Him, If you continue in My word, then you are my disciples and you will know the truth, and the truth shall make you free.” John 8:31-32*

Your mind is transformed by the **word**.

Your mind is renewed when you **hear, read, study, meditate, and memorize** on God’s Word!!

### **Group Discussion Time:**

1. In your mind, where have coaches really been the most out of bounds in what message they are sending to society? As a Christian coach, where/how can we do major damage?
2. Where might be the easiest spot for the world to maybe squeeze us in its mold some?
3. What is the biggest hindrance to you spending time in God’s Word on a regular basis? What can be done to remedy this?
4. If someone asks you the best place to start in reading their Bible, what would you say?

***OVERTIME:*** *On your notecard, write what you believe to be the biggest temptation for you as a coach.*



## Coaching Session 4 coming to grips with the Real you! (Sober)

*“For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the measure of faith God has given you.” Romans 12:3*

1. What did Jesus teach us about how we are to view **ourselves**?

*Luke 14:11 “For everyone who exalts himself will be humbled, and he who humbles himself will be exalted.” (Don’t get too high or too low!)*

2. How did Jesus’ life show us the way to obtain an **accurate** self-view? No one can do so, but **GOD** alone.

When tough times, hard decisions must be made and when its time to take a stand on things, we MUST know who we are!

God told His Son who He was on 2 different occasions:

-His baptism-Matthew 3:16-17

-The Transfiguration Luke 9:34-35

*“This is my Son, whom I love, with him I am well pleased, this is my Son, whom I have chosen, listen to Him.” He says the same thing to us! Let us have God tell us who we are!*

3. What is Jesus saying to you about your need for an accurate self-view? *Luke 12:48b*

\*I am **friend**. John 15:15-16

\*I am **specialy gifted**. 1 Peter 4:10

\*I am **accountable**. 2 Corinthians 5:10

We must get into God's Word and understand who we are in Christ, and be in a community of believers who will help us have an accurate self-view.

**Group Discussion Time:**

1. What is the most powerful affirmation you can remember receiving? How about as a player yourself, by a coach? How can we pass on affirmation?
2. How do you view yourself as a coach? Why? How do you plan to shape your player's view of you as a coach?

***OVERTIME:*** *On a notecard, make a list of statements that are true about your identity in Christ.*

*(Start maybe with Psalm 139, Romans 8, and Ephesians 1)*

## **Coaching Session 5 Serving: experiencing Authentic Community**

*Romans 12:9-13 “Love must be sincere. Hate what is evil; cling to what is good. Be devoted to one another in brotherly love. Honor one another above yourselves. Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. Be joyful in hope, patient in affliction, faithful in prayer. Share with God’s people who are in need. Practice hospitality.”*

### 1. What did Jesus teach us about authentic community?

*John 13:34-35 “A new commandment I give to you, that you love one another, even as I have loved you, that you also love one another. By this all men will know that you are my disciples, if you have love for one another.”*

\*The gospel is **validated** by how deeply we love one another.

\*Authentic community is at the **core** of Christianity.

*“...that they may all be one; even as You, Father, are in Me and I in You, that they may be in Us, so that the world may believe that You sent Me.” John 17:21*

### 2. How did Jesus model “the way” to build authentic community in His life? Christianity is caught in **community**.

*“When the hour came, Jesus and his apostles reclined at the table. And he said to them, I have eagerly desired to eat this Passover with you before I suffer.”*

*Luke 22:14-15*

Jesus and the apostles demonstrated the Characteristics of Community:  
A place and time (intentional), a meal, singing, truth-telling, teaching, serving

*“Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God; so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. After that, he poured water into a basin and began to wash his disciple’s feet, drying them with the towel that was wrapped around them.” John 13:3-5*

*“Now that you know these things, you will be blessed if you do them.”  
Vs.17*

True community is not defined by warm, fuzzy feeling. Rather, it is defined by **self-sacrificing** love.

3. What is Jesus saying to you about the depth and quality of your relationships?

*“Greater love has no one than this, which one lay down his life for his friends.” John 15:13*

\*Stop...examine the pace of your life and the depth of your relationships. Who do I need to go deeper with?

\*Look....Pay attention to the needs of the people in your relational world. Who has some needs that you can meet?

\*Listen.....Ask God to show you who and where to serve in love.

Discussion Time:

1. Describe your closest friendship. Why is it so close?
2. What characteristics would you use to define biblical fellowship/authentic community?
3. What are the biggest barriers to experiencing deeper relationships?  
Getting unmasked?

***OVERTIME:*** Notecard “catch-up”

## **Coaching Session 6 Supernaturally overcoming evil aimed at YOU!**

*Romans 12:17-21 “Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everybody. If it is possible, as far as it depends on you, live at peace with everyone. Do not take revenge, my friends, but leave room for God’s wrath, for it is written: It is mine to avenge; I will repay says the Lord. On the contrary, if your enemy is hungry, feed him, if he is thirsty give him something to drink. In doing this, you will heap burning coals on his head. Do not be overcome by evil, but overcome evil with good.”*

1. What did Jesus teach is to be our response when evil is aimed at us?

*“You have heard that it was said, Love your neighbor and hate your enemy. But I tell you: Love your enemies and pray for those who persecute you, that you may be sons of your Father in heaven.” Matthew 5:43-45a*

\*Jesus taught that we are never more like **God** than when we return good for evil.

2. How did Jesus model “the way” we are to respond to the evil aimed at us?

*“Two other men, both criminals, were also led out with him to be executed. When they came to the place called the Skull, there they crucified Him, along with the criminals—one on his right, the other on his left. Jesus said, Father, forgive them, for they know not what they are doing. And they divided up his clothes by casting lots. The people stood watching, and the rulers even sneered at Him. They said, He saved others, let him save himself if he is the Christ of God, the chosen one. The soldiers also came up and mocked him. They offered him wine vinegar said, If you are the king of the Jews, save yourself.”  
Luke 23:32-37*

*Not only did Jesus (the creator) allow those He created to kill him, he even forgave them for doing it. “Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.”*  
*Ephesians 4:32*

### **3. What is Jesus saying to you about your response to someone who has hurt you deeply?**

*“Forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.” Matthew 6:12-13*

How do we get there??

**\*Forgive** - choice=a point in time decision

**\*Forgiving** - a process=a journey of aligning our will and emotions

**\*Forgiven** - a conclusion=rejoicing with their success

#### **Discussion Time:**

1. How might a wound or heavy burden you are carrying affect your impact and influence as you coach?
2. Practically speaking, what does it look like to “bless” someone who has hurt you?
3. How do you plan to reflect Christ when evil strikes during the season?

***OVERTIME:*** *On your notecard, write the name of anyone you may need to pray through forgiveness for.*

# Incident Report Form

**Date** \_\_\_\_\_

**Time** \_\_\_\_\_

**Child's name** \_\_\_\_\_

**Parent's name** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone** \_\_\_\_\_

**Emergency contact** \_\_\_\_\_

**Time of incident** \_\_\_\_\_

**Place of incident** \_\_\_\_\_

**Type of incident** \_\_\_\_\_

**Nature of injury/illness** \_\_\_\_\_

**When and how parents were notified** \_\_\_\_\_

**Who was present when incident occurred** \_\_\_\_\_

**Name of person handling incident** \_\_\_\_\_

**Explanation of how incident happened** \_\_\_\_\_

**Action taken** \_\_\_\_\_

**Treated on site** \_\_\_\_\_

**Treatment given** \_\_\_\_\_

**By whom** \_\_\_\_\_

**Taken to doctor/hospital? (Where and how transported)** \_\_\_\_\_

**Result of follow-up with parent(s)/guardian** \_\_\_\_\_

## **Dress Code**

All coaches and players must act and dress appropriately at all Calvary Sports programs. (1 Corinthians 10:31, Colossians 3:23)

If a player/volunteer is violating the dress code please speak with them, their parents, or the Service Coordinator.

### **For Girls**

1. Athletic shorts must be at least mid-thigh length
2. Tights or Under Armor **MUST** be worn under sports skirts or shorts that cut above mid-thigh
3. **NO** spaghetti straps, only tank tops with thick straps are permitted.
4. **NO** tight fitting clothing
5. Sports bra cannot show
6. Undershirts or Under Armor **MUST** be worn under jerseys or shorts if they are see-through

### **For Boys**

1. Athletic shorts must be at least mid-thigh length
2. Under Armor must be worn under shorts at **ALL** times
3. Shirts must be worn at **ALL** times, boys are **NOT** permitted to be shirtless
4. **NO** tight fitting clothing
5. Undershirts or Under Armor **MUST** be worn under jerseys or shorts if they are see-through



# Coaches Journal

## Journal

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## Prayer

- Players:

- Fellow Coaches:

- Other prayer needs:





















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Phone: 727-577-7705 | Fax: 727-577-2717  
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